



Who should attend?

Social workers, psychologists, family therapists, psychiatrists, school counselors, child life specialists, nurses, mental health counselors and graduate students

**Winner of the 2015
APT award for
Professional
Education and
Training
Excellence.**

New York Association for Play Therapy 21st Annual Conference

April 3-4, 2020

**2 Days of Synergetic Play Therapy in
Downtown Buffalo, New York!**



PRESENTER



Lisa Dion, LPC, RPT-S

Founder and President of the *Synergetic Play Therapy Institute*. She is an international teacher, the creator of *Synergetic Play Therapy*, host of the *Lessons from the Playroom* podcast and webinar series and author of *Aggression in Play Therapy: A Neurobiological Approach for Integrating Intensity* (2018).

LOCATION

Embassy Suites by Hilton Buffalo, 200 Delaware Ave, Buffalo 14202
716-319-1080
Complimentary on-site valet parking

DESCRIPTION and OBJECTIVES

Friday, April 3, 2020

Aggression in Play Therapy

This full-day workshop is designed to help play therapists understand aggressive play from a neuro-biological perspective. With the help of neuroscience, interpersonal neurobiology, and a Synergetic Play Therapy framework, therapists will learn how to effectively work with this type of play in a way that supports nervous system regulation, reorganization of the child's lower centers of the brain and decreases compassion fatigue and vicarious trauma. This fun workshop will take participants to new possibilities as they explore a science-based process for working with aggression while staying safe and protecting their own nervous systems. Using hands-on and practical techniques, participants will learn how to trace the moment by moment shifts in regulation that occur between therapist and child, providing a level of insight which supports the transformation of aggression into ways of connecting, integration and mutual trust.

Learning Objectives:

After the workshop, participants will be able to:

- Describe strategies to work with aggression and trauma in the play room while preventing vicarious trauma and compassion fatigue
- Identify the link between a children's dysregulated nervous system states and their aggressive and traumatic play.
- Demonstrate facilitating aggressive play in the play therapy process without increasing or promoting aggression.
- Describe strategies that maintain self-regulation in the midst of intense play/trauma play in a play therapy session.
- Explain the technique of setting boundaries without shaming or shutting down a child's play.
- Define the term, "external regulator" in the playroom and explain strategies that support nervous system integration.
- Examine the Synergetic Play Therapy concept of "The Set Up" in the play room as a way to understand what the child is trying to communicate.

Saturday April 4, 2020

Playing Perfectly: A Play Therapist's Guide for Working with OCD and Perfectionism in Play Therapy

Supporting a child struggling with obsessive compulsions and perfectionism can be incredibly challenging as the desire to move the child out of their rigidity and rituals can overshadow the deeper issues and stressors driving the behaviors. Obsessive Compulsive Disorder is a complex disorder as the reasons behind the behaviors vary from managing anxiety to past traumas to focused energy inside of a child driving them towards their genius and that which is most meaningful. Due to the complexity, therapists often mis-label, mis-understand and mis-guide these children in how to work with and understand their rituals and need for perfectionism.

This full day workshop guides play therapists on a path to understand the perfection in these children's perfection. With a deeper look at the regulatory function of the behaviors to manage

the internal conflicts and anxieties these children often carry, play therapists will learn how to separate the underlying drivers from the wisdom of the rituals themselves. With this knowledge, play therapists will learn how to use themselves and the play to help these children access an understanding of the greatest perfection that exists, the child just as they are.

Learning Objectives:

After the workshop, participants will be able to:

- Identify the symptoms of Obsessive Compulsive Disorder and explain how they present themselves in play therapy.
- Describe OCD and perfectionism as a strategy to regulate the nervous system and how to support the child's need for regulation.
- Identify the possible connection between OCD and a child's genius and the implications of this when working with OCD in play therapy.
- Identify at least 2 ways to help a child with OCD and perfectionism learn how to regulate through their anxiety and need for perfectionism.
- Explain ways to help a child integrate and manage some of the fears that may be driving the perfectionistic behaviors.
- Discuss how a therapist's own perfectionism in a play therapy session can hinder or support a child's play therapy process.

Friday April 3rd, 4:30-6:30 p.m. Supervision workshop option: Play Therapy Supervision Through an Adlerian Lens

2 supervision CEs
NYAPT is APT Approved Provider 98-044

Mary Anne Assini, LCSW, RPT-S

Mary Anne Assini is a clinical social worker and Registered Play Therapy Supervisor. She is employed as a child, adolescent and family therapist and is NYAPT past-president.



Description and Objectives:

This workshop will review the application of Adlerian Play Therapy principals to the supervision process. The concept of personality priorities as they relate to the supervisor-supervisee relationship will be explored. Focus will also be placed on supporting the supervisee's development of enhanced 4 C's (courage, connect, capability, count).

- Participants will be able to identify Adlerian personality priorities and describe how they can help inform the supervisor-supervisee relationship.
- Participants will be able to describe at least three strategies the supervisor can use during supervision to help support the supervisee's development of the 4 C's

LOCATION

Conference Location:



**E M B A S S Y
S U I T E S**
by Hilton™

200 Delaware Ave., Buffalo, NY 14202
716-319-1080

Accommodations:

Special room rates have been arranged for this event. Discounted block of suite-style rooms which include sleeper sofas.

Available until 3/2/2020 for a nightly rate of \$149

Includes Complimentary Breakfast and Valet Parking

Click here for further information:

[Book a room](#)



You've Heard About Buffalo's Comeback – experience for yourself what the travel blogs are calling one of the “best weekend getaway destinations” with beautiful architecture, unique food and loads of fun right outside the conference doors in Downtown Buffalo!

Continuing Education Credit

This program is co-sponsored by the New York Association for Play Therapy and the Institute for Continuing Education. Details for each profession follows. The program offers 6.00 contact hours per day, for a total of 12.00 hours. CE credit is offered on a daily basis, with full attendance required for the days attended. There is no additional fee to apply for CE credit. Application forms will be available on site, and CE verification mailed following the Conference.

NOTE: It is the responsibility of attendees to determine if CE credit offered by The Institute for Continuing Education will meet the regulations of their state licensing/certification board.

(Please note that the supervision workshop is offered for play therapy supervision credit only under APT Approved Provider 98-044)

Play Therapy: The Institute for Continuing Education is approved by The Association for Play Therapy to sponsor continuing education specific to play therapy. The Institute maintains responsibility for the program APT Provider 98-040.

Psychology: The Institute for Continuing Education is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

Counseling: For counselors seeking CE credit, The Institute for Continuing Education will submit a co-sponsorship application to NBCC for this program. This website will be updated with information regarding approval.

Social Work: Application for social work continuing education credit has been submitted. This website will be updated with information regarding approval.

New York SED: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Social Work as an approved provider of

continuing education for licensed social workers, Provider SW-0025.

New Jersey: CE credit for NJ social workers is not offered.

Marriage-Family Therapy: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Marriage and Family Therapists. Provider No. MFT-0012.

Instructional Methodology: May include Lecture, demonstration, audio/visual, experiential practice of techniques, large and small group discussion

For Canadian play therapists: This workshop is approved for continuing education credit only and may not be used for certification as a CPT or CPT-A. CAPT Approved Provider 18-115.

Play therapy credit will not be awarded to non-mental health professionals.

PROGRAM SCHEDULE

FRIDAY, APRIL 3, 2020

7:45-8:30 am: Registration
8:30 am: Opening
8:15-10:30 am: Coffee & Refreshments
8:45-11:45 am: Training
11:45 am-12:45 pm: Lunch provided
12:45-3:45 pm: Training
3:45-4:30 pm: Wine & Cheese Networking reception, Poster Sessions
4:30-6:30 pm: Play Therapy Supervision training with Maryann Assini

SATURDAY, APRIL 4, 2020

8:00-8:45 am: Registration
8:30-10:30 am: Continental Breakfast
8:45 am: Opening
9:00-12:00 pm: Training
12:00-1:00 pm: Lunch provided; Annual Chapter Meeting
1:00-4:00 pm: Training
4:00 End of Conference

REGISTRATION

Participants must stay for the entire day to earn CEs for each day.

The Self Esteem Shop will be selling therapeutic books and play materials throughout the conference.

Early registrants (before February 15) will be entered into a prize drawing for a \$50 Gift Certificate to Self Esteem Shop!



Conference registration materials available on the NYAPT website:
www.newyorkapt.info/21st-annual-play-therapy-conference/

For questions and ADA accommodations, email us at playtherapyfun123@gmail.com or call Camille Arth at (513) 550-2990

ONE DAY PRICE:

4/3 or 4/4
Full time student: \$140
Members of APT/NYAPT: \$185
Non-Members: \$240

BOTH DAYS:

Full time Student: \$199
Members: \$299
Non-members: \$399

ARRIVE EARLY & have some fun!

Our local play therapists are showing their Buffalo pride organizing some fun extras! Plan to arrive early on Thursday afternoon for

Local History Tour & get ready to explore and play in Downtown Buffalo with a

Friday Night Fun Night planned! We will be offering low cost group transportation for these outings and full details will be posted on the conference website.

SAVE on REGISTRATION FEES!

Join the Association for Play Therapy right now and save on your registration for this conference while receiving all the benefits of membership including 2 quarterly publications.

New York residents will automatically be enrolled in the New York chapter.

MEMBERSHIP FEES:

\$100 for professional members,
\$55 for students & affiliate members.

Click here to be directed to our membership page...

www.a4pt.org/page/membership



CANCELLATION POLICY:

Refunds will be made ONLY if requested up to 15 days prior to conference and will be subject to an administrative fee of \$40.

NYAPT, Inc. reserves the right to cancel the conference in the event of rare, unforeseen circumstances. In the event of cancellation, registrants will be notified and will receive a full refund of registration fees. In all instances, the liability of NYAPT, Inc. is limited to the refund of registration fees only.